

Product Information Sheet

Myco Plex

Product Code: S722
250 Softgels

A fast acting anti-fungal/ anti-yeast agent extracted from castor bean

Each Softgel Contains:

10-undecenoic acid (from castor bean oil) 50 mg

Non Medicinal Ingredients: Olive oil.

ADULT DOSAGE: Two softgels three times daily or as recommended.

DESCRIPTION:

The active ingredient in Myco Plex is 10- undecenoic acid, a natural anti-fungal, and 11 carbon mono-unsaturated fatty acid. It is commercially produced by a vacuum distillation process from castor bean oil. Along with dietary changes, Myco Plex can assist in optimizing the body's capacity to neutralize toxins produced by candida organisms. The primary cause of candida albicans is intestinal dysbiosis, a severe disruption in the normal microbial ecology of the GI tract, which is often caused by overuse of pharmaceutical antibiotics, over consumption of sugars and refined starches and lack of consumption of protein rich foods (which support lactic acid bacteria). Chronic viral infections, exposure toxic chemicals, and intestinal parasites will also contribute to an individual's susceptibility. It is also reported that candida albicans produces an endotoxin which has been shown to impair immune response. Myco Plex can aid in maximizing the immune system's potential for combating candida albicans.

MECHANISM:

10-undecenoic acid is an effective supplementation for the normalization of microbial ecology in the intestines, in mild to moderate cases of candida albicans. It is particularly useful due to its gentle action, which in most cases does not provoke strong yeast dieoff reactions.

INDICATIONS:

- Athlete's foot
- Candida albicans
- Detoxification
- Gastrointestinal system
- Weight gain

SIGNS and SYMPTOMS:

Abdominal distension, anal itching, chronic sinus congestion or infection, diminished libido, excess flatulence, fatigue, joint and muscle pain, sweet and starch cravings.

SUGGESTED DIETARY SUPPORT

Avoid all sugar containing foods (also includes fruits and fruit juice, honey, chocolate), refined carbohydrates (white flour products), fermented yeast products (most breads), "junk" foods (includes soft drinks).

ADD INTO DAILY DIET:

Non-starchy vegetables, asparagus, beets, broccoli, brussel sprouts, cabbage, carrots, cauliflower, celery, cucumber, eggplant, spinach, collard greens, kale, lettuce, garlic, onions, parsley, radishes, soybeans, string beans, tomatoes, turnips, and okra. Meat and eggs, chicken, turkey, pork, wild game, shrimp, crab, tuna, salmon, mackerel, cod, sardines, eggs. Beverages, water and non-sweetened herbal teas.

POSSIBLE SIDE EFFECTS:

Some individuals may have GI discomfort, headache and body pains, so it is best taken in lower doses and then increase slowly each week. Do not use Saccharomyces-B at the same time as Myco Plex it will deactivate the Saccharomyces -B. **Note:** If using Myco Plex topically, mix contents of gel cap with 1 teaspoon of olive oil to avoid skin irritation. Avoid contact with eyes.

POSSIBLE INTERACTIONS:

None known.

PRECAUTIONS:

Acceptable in pregnancy?	No
Suitable when nursing?	No
Suitable for children?	No
Suitable for diabetics?	Yes
Suitable for vegetarians?	Yes
Take with food?	No

Comments: Myco Plex can cause some GI discomfort. Take with meals if there are GI complaints.

REFERENCES:

(1) Factors Influencing, D. Schlesinger.

